

### SAGE Coaching Approach Ratings

Rate the areas you would like to improve based on where you see yourself *now*. Be honest and reflect where you excel and where you can improve in each of the SAGE Coaching Approach steps. Use a scale of 1–5: (5) **Excellent**, (4) **Good**, (3) **Average**, (2) **Fair**, (1) **Poor**.

	Poor (1)	Fair (2)	Average (3)	Good (4)	Excellent (5)
<b>Situation Analysis</b> <ul style="list-style-type: none"> <li>○ Clarify the challenges and obstacles</li> <li>○ Ask questions to uncover the root cause</li> <li>○ Listen and be curious</li> </ul>					
<b>Alternatives and Options</b> <ul style="list-style-type: none"> <li>○ Brainstorm options</li> <li>○ Weigh pros and cons</li> <li>○ Encourage choosing the most advantageous option</li> </ul>					
<b>Goal Setting</b> <ul style="list-style-type: none"> <li>○ Clarify goals</li> <li>○ Gain alignment around goals and actions</li> <li>○ Help make goals actionable</li> </ul>					
<b>Execution and Accountability</b> <ul style="list-style-type: none"> <li>○ Establish ownership</li> <li>○ Build accountability</li> <li>○ Provide encouragement and motivation</li> </ul>					

**What strategies can you use to move your lower-rated items to a 4 or 5?**

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